

## **Solemnity of Corpus Christi Sunday Y A 11<sup>th</sup> June 2023**

Last Sunday we celebrated the feast of the Blessed Trinity. The unity of God the Father, God the Son, and God the Holy Spirit. Today we celebrate Corpus Christi the Body and Blood of Christ, the second person of the Holy Trinity who sacrifices himself to redeem humanity. In our journey that is Full of challenges; no doubt we got tired of threats, political bigotry, insecurity, hunger, banditry, and kidnapping. In a situation like ours, we can only be weak, discouraged, frustrated, and unhappy.

The disciples of Jesus encountered moments of trials and discouragement which made them almost give up because other followers of Jesus were leaving him, and Jesus asked the twelve if they too would be going. But Peter boldly says “To whom shall we go? You have the words of eternal life.” (John 6:67-69). Trials, tribulations, and confusion are inevitable in our Christian Journey. Like the disciples, we should not give up; instead, we should come to Jesus, who is the way, the truth, and the life to nourish us again to continue our life’s journey.

The moment we are tired and weary in this journey, we can return to the Most Body and Blood of Jesus, the only meal for our spiritual journey; Jesus said, He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the father, he who eats me will live because of me. This is the bread that came down from heaven, not such as the fathers ate and died; if this bread and blood gives life eternal, then we should cherish it. The daily reception of Eucharist is a blessing which we may not comprehend now. It cleanses the sins we committed if we receive it in good state and it strengthen our union with the Holy Trinity. It is rather unfortunate some Catholics receive the Eucharist with no reverence, and some don’t believe in it. St. Paul speaks against receiving communion in an unworthy manner, that is; those who come out to receive without washing their hearts. To be in union with Jesus we must humble and avail ourselves for confession to purify our hearts. In our first reading Moses reminded the Israelites how God journey with them in the wilderness, how He quench their thirst and satisfy their hunger. The manna they ate was to strengthen them, however, it doesn’t give eternal life. Today we have something more significant than the manna. 'Eucharist'. Christ’s action which demonstrates his Love for humanity; whenever we receive him, we participate in His sacrificial work and anticipate our union with Him in heaven. There is more to Eucharist than ordinary food and drink, than an electronic gadget, than our relationship with human beings, and more to Eucharist than money. May the body and blood of Christ cleanse us from our iniquity and grant us grace to unite with Jesus. Amen.

Peace,

Fr. Jingbe Simon